Henk and Kay Marsman offer a mix of relaxation and rejuvenation at their new spa in Bubali

Aruba's newest and most dedicated spa, which officially opened in Bubali on Friday evening, is aptly named "Rejuvenate Medi-Spa." Their list of offered services combines not only cosmetic and relaxing services such as facials and massages, but with the cooperation of Dr. Steve Cabenda of Aruba, and Terri Boyert of Medical Spa Consulting, a wide variety of medical practices that have proven to provide an "ageless" appearance.

Once a week, Dr. Cabenda administers Botox and other state of the art filler procedures that have been medically proven to smooth wrinkles. During the opening, Terri Boyart, from the U.S., gave a presentation of the miraculous results from Carbossi (CDT) treatment for the removal of cellulite, and a procedure they call "Lippodissolve," resulting in body sculpturing.

The treatment rooms at the charming, cozy spa include infrared beds, which according to Dr. Carlos Viana, are "much more effective than saunas in removing toxins from the system. Infrared does not make you sweat, as saunas do, thus robbing you of essential minerals, but it forces out the skin oils to which toxins attach themselves, and so it is far more efficient and beneficial." A special shower is part of the treatment room as immediately after the infrared session the customer must shower away the toxins.

Owners Henk, a well-known orthodontist in Aruba, and his wife Kay, who manage the spa, proudly displayed their new facility with the able assistance of their staff of aestheticians, Nicole, Vanessa, Pauline, Andeline and Zannette. It is located at Bubali 11-M adjacent to his dental office.

The aim of the Rjuvenate Medi-Spa is to go beyond superficial massages and facial, employing the latest technology for real and effective physical improvement that helps to reverse the damage of ageing and sun exposure. For more information about their services call 587-4800 or visit their website: www.rejuvenate-medispa.com.